

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC****Current Mental Health Providers****Counselor/Therapist** Name _____ Phone _____**Psychiatrist** Name _____ Phone _____

Specialty _____

Current School _____ School Phone _____

Contact Name _____

Current grade level _____ Average grades _____

Homework problems _____

Current Concerns

Please describe your child's problem(s) (that is, the concerns that brought you here today):

When did these problems begin?

Please give examples of the problem:

Why do you think your child is having this particular problem?

Challenging Behavior

1. Record each problem behavior the individual displays and describe it specifically. Include any damage resulting from the problem behavior either to the individual or others. Please rank in order of concern to yourself or other caretakers.

Behavior	Description
A. _____	_____
B. _____	_____
C. _____	_____
D. _____	_____
E. _____	_____
F. _____	_____
G. _____	_____



**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

2. Estimate the severity of the problem behavior of greatest concern (circle one)
Moderate Severe Life-threatening
3. Has the individual ever been sent to the hospital to treat an injury resulting from the behavior? No Yes
Describe: _____
4. Has the individual ever sent someone else to the hospital to treat an injury resulting from the behavior? No Yes
Describe: _____
5. Has the individual ever been hospitalized to develop a treatment for these behavior problems? No Yes
Describe: _____
6. In what settings do these behaviors occur?
a. Home
b. School
c. Community: specify _____
d. Other: _____
7. Estimate the current frequency of the problem behavior(s) (circle one).
a. Less than one episode per week (list frequency) d. Occurs several times per day
b. 1 to 3 episodes per week e. Occurs every hour while awake
c. Occurs about once daily
8. How long has the individual been engaging in the problem behavior(s) (circle one)?
a. Within past 6 months d. More than 3 years but less than 5 years
b. More than 6 months but less than 1 year e. More than 5 years but less than 10 years
c. More than 1 year but less than 3 years f. More than 10 years
9. When is the problem behavior(s) likely to occur (circle all that apply)
a. When individual is left alone or unattended d. Mealtimes, dressing or bathing (circle)
b. When lots of people are around e. Time of day: _____
c. When demands are placed on the individual f. Other: _____
10. Are there any occasions when the problem behavior(s) rarely or never occurs?

11. a. How do people (staff, parents, etc.) typically respond when the individual engages in the problem behavior(s)?

(If a formal program is currently being conducted, refer to it here and send a copy)
11. b. How long has the program been in place? _____

12. Estimate the general trend of the problem behavior(s) during the past year (circle one)
a. Increasing (behavior getting worse) b. Decreasing (behavior getting better) c. Stable (about the same)
13. Does the individual display aggressive behavior toward staff or peers? If yes, explain: _____

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

14. Was the onset of the problem behavior(s) associated with any specific event or series of events?

Have the following procedures ever been used to treat the problem behavior(s)? (circle all that have been used)

a. Restraint

Describe: _____

Start Date: _____ Still used? No / Yes Stop Date: _____

Estimated degree of success: _____

Which problem behavior(s) was the treatment indicated for?

b. Protective Equipment

Describe: _____

Start Date: _____ Still used? No / Yes Stop Date: _____

Estimated degree of success: _____

Which problem behavior(s) was the treatment indicated for?

c. Behavior Modification - positive reinforcement

Describe: _____

Start Date: _____ Still used? No / Yes Stop Date: _____

Estimated degree of success: _____

Which problem behavior(s) was the treatment indicated for?

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

d. Behavior Modification - punishment

Describe: _____

Start Date: _____ Still used? No / Yes Stop Date: _____

Estimated degree of success: _____

Which problem behavior(s) was the treatment indicated for?

e. Other Describe: _____

Start Date: _____ Still used? No / Yes Stop Date: _____

Estimated degree of success: _____

Which problem behavior(s) was the treatment indicated for?

What are your goals for consulting with our clinic? That is, what would you like to happen?

1. _____
2. _____
3. _____
4. _____

What feelings does your child MOST OFTEN show when faced with stress or other problems? (i.e. anger, fear, sadness, etc.)

What seems to help your child deal with stress or problems?

What seems to make things worse?

NEW PATIENT MEDICAL HISTORY BEHAVIORAL HEALTH PEDIATRIC

Life Stress

Major Stresses: Please mark if any of the following events have happened to your child in the past TWO YEARS?

Check all that apply:

- | | |
|--|---|
| <input type="checkbox"/> Moving to a new home
<input type="checkbox"/> Change to a new school
<input type="checkbox"/> Parents fighting
<input type="checkbox"/> Parents separated
<input type="checkbox"/> Parents divorced
<input type="checkbox"/> New stepmother or stepfather
<input type="checkbox"/> Mother or father lost a job
<input type="checkbox"/> Mother or father got a new job
<input type="checkbox"/> Change in parent's financial status
<input type="checkbox"/> Increased absence of a parent
<input type="checkbox"/> Parent in trouble with the law
<input type="checkbox"/> Parent went to jail
<input type="checkbox"/> Child had major personal injury/illness
<input type="checkbox"/> Serious illness or injury in the family
<input type="checkbox"/> Death of a family member
<input type="checkbox"/> Serious illness of a friend
<input type="checkbox"/> Boyfriend/girlfriend/friend having operation
<input type="checkbox"/> Male: Girlfriend become pregnant
<input type="checkbox"/> Female: Became pregnant
<input type="checkbox"/> Death of a friend
<input type="checkbox"/> Loss of a pet
<input type="checkbox"/> Got a new pet
<input type="checkbox"/> Got own car | <input type="checkbox"/> New brother or sister
<input type="checkbox"/> Trouble with a brother or sister
<input type="checkbox"/> More arguments with parents
<input type="checkbox"/> Less arguments with parents
<input type="checkbox"/> Getting a new boyfriend/girlfriend
<input type="checkbox"/> Breaking up with boyfriend/girlfriend
<input type="checkbox"/> Making up with boyfriend/girlfriend
<input type="checkbox"/> Losing a close friend
<input type="checkbox"/> Got a new job
<input type="checkbox"/> Lost a job
<input type="checkbox"/> Special recognition for good grades
<input type="checkbox"/> Making the honor role
<input type="checkbox"/> Joining a new club
<input type="checkbox"/> Making an athletic team, cheerleading, etc.
<input type="checkbox"/> Failing to make athletic team, cheerleading, etc.
<input type="checkbox"/> Trouble with teacher
<input type="checkbox"/> Trouble with classmates
<input type="checkbox"/> Making failing grades in school classes
<input type="checkbox"/> Failed a grade/put back a grade
<input type="checkbox"/> Skipped a grade/put ahead a grade
<input type="checkbox"/> Got suspended from school
<input type="checkbox"/> Got into trouble with the police
<input type="checkbox"/> Got put into detention, jail |
|--|---|

Sleep

Where does your child sleep? *Please check all that apply.*

- Own bed
- Shares a bed. If so, with whom? _____
- Other (couch, floor, etc.) _____
- Own room
- Shares a room. If so, with whom? _____

What time does child usually go to bed on SCHOOL days? _____

What time does child usually go to bed on WEEKENDS? _____

How long (in minutes) does it usually take for child to fall asleep each night?

<u>15 or less</u>	<u>16 – 30</u>	<u>31 – 60</u>	<u>61 or more</u>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Problems falling asleep? No Yes If yes, please describe: _____

Problems staying asleep? No Yes If yes, please describe: _____

NEW PATIENT MEDICAL HISTORY BEHAVIORAL HEALTH PEDIATRIC

On average, how many hours does your child sleep at night?

- Less than 6 hours 7 – 8 hours 9 hours 10 hours More than 10 hours

What time does child usually wake up on SCHOOL days? _____

What time does child usually wake up on WEEKENDS? _____

Problems waking up? No Yes If yes, please describe: _____

How often does your child take a nap?

- Never 1 – 2 days per week 3 – 6 days per week Every day

There is a television in my children's room. No Yes

Any current or history of: *Check all that apply*

- | | | |
|--|--|---|
| <input type="checkbox"/> Loud Snoring | <input type="checkbox"/> Sleep Terrors | <input type="checkbox"/> Awaken gasping for breath or choking |
| <input type="checkbox"/> Restless Sleep | <input type="checkbox"/> Dry mouth | <input type="checkbox"/> Irresistible urge to move legs or arms |
| <input type="checkbox"/> Sleepy during the day | <input type="checkbox"/> Grinds teeth | <input type="checkbox"/> Bedwetting at night |
| <input type="checkbox"/> Mouth breathing | <input type="checkbox"/> Sleep Walking | <input type="checkbox"/> Recurrent nightmares |
| <input type="checkbox"/> Observed apnea (stops breathing) while sleeping | | <input type="checkbox"/> Pain in legs at night |

Diet and Nutrition

Is your child currently on a special diet? (e.g., vegetarian, vegan, high protein, gluten free) No Yes

If yes, please list dietary restrictions: _____

How many meals per week does your family eat together where your child is present?

- None 1 – 5 6 – 10 11 – 15 16 or more

How many mornings per week does your child eat breakfast?

- None 1 2 3 4 5 6 7

The amount of certain foods and beverages your child eats on an AVERAGE day:

- | | | | | |
|---|-------------------------------|----------------------------|------------------------------------|-------------------------------------|
| Soda (glasses, cups, or cans of Coke, Pepsi, etc) | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Caffeinated tea (cups of iced tea or hot tea) | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Caffeinated coffee (8 ounce cups) | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Energy drinks (cans, glasses, or cups) | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Fast Food | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Restaurant meals (including take out) | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Prepackaged meals (including frozen meals) | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Servings of fruit | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Servings of vegetables | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |

Physical Activity and Exercise

How many days a WEEK does your child spend at least 60 minutes in physical exercise that made child breathe hard and increase heart rate (running, swimming, riding a bicycle, playing sports):

- None 1-2 days 3-4 day 5-6 days 7 days

NEW PATIENT MEDICAL HISTORY BEHAVIORAL HEALTH PEDIATRIC

Does your child have and attend Physical education (PE) class at school:

No Yes Don't know

Screen Time

For an average day, how many hours does your child spend:

Watching TV _____

Playing video games _____

Using computer _____

Cell phone _____

Other electronic device _____

Playing video games: include online games, X Box, Play Station, iPad/tablet, iPhone/smartphone

Using a computer: school work, internet, emailing, Skype. DO NOT include video games

Cell phone, other electronic device: for texting, talking with friends, etc.

Child's Past Psychiatric or Mental Health Care

Past Psychiatric Medications

What prescription psychiatric medications have been tried with your child in the PAST? Include all medications that have been prescribed by a doctor or other health care provider (if you have them, please bring all medication bottles to your first visit).

Name of Past Psychiatric Medication	Strength (Ex: 50 mg, 5 units)	Dose (Ex: 1 capsule daily, 1 teaspoon twice a day)	Reason Started	Side Effects

Has your child EVER seen a therapist or counselor before? (e.g., psychologist, social worker, school counselor)

No Yes If yes, when and why? _____

Has your child EVER seen a psychiatrist before? No Yes If yes, when and why? _____

Does the child have a history of:

Seizures Concussions Head traumas

Passing out Palpitations (rapid heartbeat) Heart murmur

Rheumatic fever Chest pain or shortness of breath with exercise

High blood pressure Reflux

Does the child have a history of eczema No Yes If yes, when diagnosed: _____

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC****FOR GIRLS:**Has your daughter begun menstruation (having her periods)? No Yes If yes, at what age? _____Are her menstrual cycles Regular (every 28 days) Not regular (3 weeks, 5 weeks)Does she have significant mood changes that go along with her monthly cycles? No Yes

If yes, please describe: _____

Does your daughter take birth control? No Yes**Review of Systems:**Please indicate by your child has had any of the following medical problems within the past month. *Check all that apply.***General**

- Fever
- Fatigue
- Recent weight loss or gain
- Restriction of numerous foods
- Heat or cold intolerance
- Difficulty sleeping

Head, Eyes, Ears, Nose, Mouth, Throat

- Headache
- Dizziness
- Loss of hair
- Swollen glands
- Red or irritated eyes
- Ringing in ears
- Dry mouth
- Bad breath
- Mouth sores
- Sore throat
- Voice changes
- Swollen glands
- Running nose
- Post nasal drip

Respiratory

- Shortness of breath
- Wheezing
- Chest pain on taking a deep breath
- Other chest pain or tightness
- Cough

Genitourinary

- Pain with urination
- Increase in frequency or urgency in urinating
- Blood in urine

Cardiovascular

- Irregular heart beat
- Murmur
- Palpitations

Bones, Muscles, Joints

- Morning stiffness
- Joint pain
- Joint swelling
- Muscle pain
- Neck pain
- Low back pain
- Numbness or tingling

Skin

- Rash over cheeks
- Hives or welts
- Easy bruising
- Sun sensitivity
- White, blue, or red skin color change in fingers when exposed to cold
- Strong foot odor

Gastrointestinal

- Loss of appetite
- Difficulty swallowing
- Heartburn, indigestion
- Nausea
- Vomiting
- Pain or cramps in abdomen
- Abnormal stool patterns
- Bloating abdomen and gas/burping
- Diarrhea
- Constipation
- Blood in stools
- Vomiting blood

Family History

Questions in this section are separated between biological parents and guardians/foster parents. If you are a guardian or foster parent, please first answer what you know about the child's biological mother and father. Then, move to the section about yourself.

Biological Parents**Biological Mother**

Biological mother's current age: _____

If deceased, age at death and cause of death: _____

Biological mother's race/ethnicity:

- American Indian Alaska Native Asian Black / African American Hispanic / Latino Middle Eastern Indian
- Native Hawaiian / Other Pacific Islander Other _____ Unknown

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

Biological mother's highest level of completed education?

- | | |
|--|---|
| <input type="checkbox"/> Elementary School only (grades 1-8) | <input type="checkbox"/> Some graduate work but have not completed a degree |
| <input type="checkbox"/> Some high school, but did not finish (grades 9-11) | <input type="checkbox"/> Completed a Master's degree or professional degree (e.g., ARNP) |
| <input type="checkbox"/> Completed high school or GED (high school graduate) | <input type="checkbox"/> Completed a Ph.D., law degree, M.D., or similar advanced professional degree |
| <input type="checkbox"/> Some college, but have not completed a degree | |
| <input type="checkbox"/> Two-year college degree / A.A / A.S. | |
| <input type="checkbox"/> Four-year college degree / B.A. / B.S. | |

Biological mother's current employment status?

-
- Employed full time
-
- Employed part time
-
- Unemployed / Looking for work
-
- Homemaker
-
- Retired

If employed full or part time, what is biological mother's occupation or type of work? _____

Has the biological mother ever sought psychiatric treatment? No Yes

If yes, please explain the purpose: _____

Has the biological mother ever had treatment or counseling for alcohol or drug use? No Yes

If yes, please explain: _____

Does/has anyone on the biological mother's side of the family...

Take psychiatric medications? No Yes If yes, who, what medications, and why? _____Ever been hospitalized for a psychiatric problem? No Yes If yes, who and why? _____Ever been hospitalized for alcoholism or drug abuse? No Yes If yes, who and why? _____Ever attempted suicide? No Yes If yes, who? _____Ever committed/completed suicide? No Yes If yes, who? _____**Biological Father**

Biological father's current age: _____

If deceased, age at death and cause of death: _____

Biological father's race/ethnicity:

-
- American Indian
-
- Alaska Native
-
- Asian
-
- Black / African American
-
- Hispanic / Latino
-
- Middle Eastern Indian
-
-
- Native Hawaiian / Other Pacific Islander
-
- Other _____
-
- Unknown

Biological father's highest level of completed education?

- | | |
|--|---|
| <input type="checkbox"/> Elementary School only (grades 1-8) | <input type="checkbox"/> Some graduate work but have not completed a degree |
| <input type="checkbox"/> Some high school, but did not finish (grades 9-11) | <input type="checkbox"/> Completed a Master's degree or professional degree (e.g., ARNP) |
| <input type="checkbox"/> Completed high school or GED (high school graduate) | <input type="checkbox"/> Completed a Ph.D., law degree, M.D., or similar advanced professional degree |
| <input type="checkbox"/> Some college, but have not completed a degree | |
| <input type="checkbox"/> Two-year college degree / A.A / A.S. | |
| <input type="checkbox"/> Four-year college degree / B.A. / B.S. | |

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

Biological father's current employment status?

 Employed full time Employed part time Unemployed / Looking for work Homemaker Retired

If employed full or part time, what is biological father's occupation or type of work? _____

Has the biological father ever sought psychiatric treatment? No Yes

If yes, please explain the purpose: _____

Has the biological father ever had treatment or counseling for alcohol or drug use? No Yes

If yes, please explain: _____

Does/has anyone on the biological father's side of the family:

Take psychiatric medications? No Yes If yes, who, what medications, and why? _____Ever been hospitalized for a psychiatric problem? No Yes If yes, who and why? _____Ever been hospitalized for alcoholism or drug abuse? No Yes If yes, who and why? _____Ever attempted suicide? No Yes If yes, who? _____Ever committed/completed suicide? No Yes If yes, who? _____

**If your child is NOT adopted, please SKIP this section, and resume
at "Family Medical History"**

Non-Biological/Adoptive Parents

How long has this child been with you? _____

Are you related to the child (grandparent, aunt/uncle)? No Yes

If yes, how related? _____

Non-Biological Mother In the following questions, "mother" refers to the foster or adoptive mother

Mother's current age: _____

If deceased, age at death and cause of death: _____

Mother's race/ethnicity:

 American Indian Alaska Native Asian Black / African American Hispanic / Latino Middle Eastern Indian
 Native Hawaiian / Other Pacific Islander Other _____ Unknown

Mother's highest level of completed education?

- | | |
|--|---|
| <input type="checkbox"/> Elementary School only (grades 1-8) | <input type="checkbox"/> Some graduate work but have not completed a degree |
| <input type="checkbox"/> Some high school, but did not finish (grades 9-11) | <input type="checkbox"/> Completed a Master's degree or professional degree (e.g., ARNP) |
| <input type="checkbox"/> Completed high school or GED (high school graduate) | <input type="checkbox"/> Completed a Ph.D., law degree, M.D., or similar advanced professional degree |
| <input type="checkbox"/> Some college, but have not completed a degree | |
| <input type="checkbox"/> Two-year college degree / A.A. / A.S. | |
| <input type="checkbox"/> Four-year college degree / B.A. / B.S. | |

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

Mother's current employment status?

Employed full time Employed part time Unemployed / Looking for work Homemaker Retired

If employed full or part time, what is mother's occupation or type of work? _____

Please describe the medical problems the mother may have: _____

Please describe any behavioral/emotional problems the mother may have: _____

Has the mother ever sought psychiatric treatment? No Yes

If yes, please explain the purpose: _____

Has the mother ever had treatment or counseling for alcohol or drug use? No Yes

If yes, please explain: _____

Does/has anyone on the mother's side of the family...

Take psychiatric medications? No Yes If yes, who, what medications, and why? _____

Ever been hospitalized for a psychiatric problem? No Yes

If yes, who and why? _____

Ever been hospitalized for alcoholism or drug abuse? No Yes

If yes, who and why? _____

Ever attempted suicide? No Yes

If yes, who? _____

Ever committed/completed suicide? No Yes

If yes, who? _____

Non-Biological Father. In the following questions, "father" refers to the foster or adoptive father.

Father's current age: _____

If deceased, age at death and cause of death: _____

Father's race/ethnicity:

American Indian Alaska Native Asian Black / African American Hispanic / Latino Middle Eastern Indian
 Native Hawaiian / Other Pacific Islander Other _____ Unknown

Father's highest level of completed education?

<input type="checkbox"/> Elementary School only (grades 1-8)	<input type="checkbox"/> Some graduate work but have not completed a degree
<input type="checkbox"/> Some high school, but did not finish (grades 9-11)	<input type="checkbox"/> Completed a Master's degree or professional degree (e.g., ARNP)
<input type="checkbox"/> Completed high school or GED (high school graduate)	<input type="checkbox"/> Completed a Ph.D., law degree, M.D., or similar advanced professional degree
<input type="checkbox"/> Some college, but have not completed a degree	
<input type="checkbox"/> Two-year college degree / A.A. / A.S.	
<input type="checkbox"/> Four-year college degree / B.A. / B.S.	

Father's current employment status?

Employed full time Employed part time Unemployed / Looking for work Homemaker Retired

If employed full or part time, what is father's occupation or type of work? _____

Please describe the medical problems the father may have: _____



NEW PATIENT MEDICAL HISTORY BEHAVIORAL HEALTH PEDIATRIC

Please describe any behavioral/emotional problems the father may have: _____

Has the father ever sought psychiatric treatment? No Yes

If yes, please explain the purpose: _____

Has the father ever had treatment or counseling for alcohol or drug use? No Yes

If yes, please explain: _____

Does/has anyone on the father's side of the family:

Take psychiatric medications? No Yes If yes, who, what medications, and why? _____

Ever been hospitalized for a psychiatric problem? No Yes

If yes, who and why? _____

Ever been hospitalized for alcoholism or drug abuse? No Yes

If yes, who and why? _____

Ever attempted suicide? No Yes

If yes, who? _____

Ever committed/completed suicide? No Yes

If yes, who? _____

Family Medical History

Does anyone in your child's BIOLOGICAL FAMILY have a history of:

Sudden or unexplained death in someone young? No Yes

Sudden cardiac death or "heart attack" in members younger than 35 years of age? No Yes

Sudden death during exercise? No Yes

Cardiac arrhythmias? No Yes

Hypertrophic cardiomyopathy or other cardiomyopathy? No Yes

Long QT syndrome, short-QT syndrome or Brugada syndrome? No Yes

Wolff-Parkinson-White syndrome? No Yes

Marfan syndrome? No Yes

Celiac disease? No Yes

Caregiver Stress Level

To Be Filled Out By The Main Caregiver. Answer these questions about YOUR level of stress.

Stress means a situation in which a person feels tense, restless, nervous or anxious, or is unable to sleep at night because his/her mind is troubled all the time. How much do you feel this kind of stress these days (at the present time)?

Not at all	A little bit	Moderate amount	A good deal	Very much
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1	2	3	4	5

NEW PATIENT MEDICAL HISTORY BEHAVIORAL HEALTH PEDIATRIC

In the past year, how would you rate the amount of stress you have in your life, at home and at work?

	No stress						Extreme stress
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4	5	6

These questions ask about your feelings and thoughts during the PAST TWO WEEKS (14 days). For each, please indicate how often you felt or thought a certain way.

	Never	Almost never	Some times	Fairly often	Very often
How often have you felt that you were unable to control the important things in your life?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4
How often have you felt confident about your ability to handle your personal problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4
How often have you felt that things were going your way?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4
How often have you felt difficulties were piling up so high that you could not overcome them?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4

	I can shake off stress						Stress eats away at me
In general, how would you rate your <u>ability to handle stress</u> ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4	5	6

Child's Developmental History

Prenatal History and Mother's Health during Pregnancy

Was the pregnancy with this child: Planned Unplanned Unknown

During pregnancy, did mother... *Please check all that apply*

Smoke cigarettes Drink alcohol Use medical marijuana Use illegal drugs Unknown

Was mother depressed during pregnancy? No Yes Unknown

If yes, how long did it last? _____

Was mother depressed after pregnancy? No Yes Unknown

If yes, how long did it last? _____

Was father depressed after pregnancy? No Yes Unknown

If yes, how long did it last? _____

Birth and Postnatal Period

Where was this child born? _____

City

State

Country

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

Child's primary caregiver in the first year: Mother Father Other: _____

Child's primary caregiver after the first year: Mother Father Other: _____

Developmental History

If you can recall, please record the age at which your child reached the following developmental milestones. If you cannot recall the age, please check the box that best describes when the milestones were reached.

	Age	Best recollection, if exact age is not recalled		
Sat without support	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Crawled	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Stood without support	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Walked without assistance	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Bowel trained	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Bladder trained, day	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Bladder trained, night	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Tied shoelaces	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Rode bicycle	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late

Did your child ever receive Early Intervention? No Yes

If yes, please describe: _____

Language Development

Please indicate the child's age when the following language milestones were reached. (Beside each question is the age most children reach the milestone. They may not be the same for your child).

- Several words besides mama and dada (1 year) _____
- Naming several objects: ball, cup, etc. (15 months) _____
- Three words together: subject, verb, object (2 years) _____

When compared to peers, was there any problem with vocabulary, articulation, and comprehension?

No Yes If yes, describe: _____

Has your child ever received speech therapy? No Yes If yes, at what age? _____

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC****Social Development**

Please indicate the child's age when the following social milestones were reached. (Beside each question is the age most children reach the milestone. They may not be the same for your child).

- Smiled (2 mo) _____
- Shy with strangers (6 - 10 mo) _____
- Separates from parent easily (2-3 yrs) _____
- Cooperative play with others (4 yrs) _____

Were there problems with attachment with mother or father? No Yes

If yes, describe: _____

Were there problems when the child was first separating from home, for example when starting daycare/preschool/ kindergarten/first grade? No Yes

If yes, describe: _____

Problems in relationships with other family members? (Include siblings) No Yes

If yes, describe: _____

Problems in past peer interactions. That is, has the child had difficulty getting along with friends?

No Yes If yes, describe: _____

Friendships

Does your child get along with other children currently? No Yes

Does your child get invited for sleepovers or birthday parties? No Yes

Does your child attend sleepovers or birthday parties? No Yes

Does your child have a best friend? No Yes

Animals

Does your child have any fears of animals? No Yes

Does your child have a pet now or had a pet in the past? No Yes Pet's name _____

Emotional Development

Each child is BORN with a natural form of interacting with people, places, and things. This is called their "temperament."

Of the following, how would you describe your child's temperament?

- Easy or flexible** children are generally calm, happy, regular in sleeping and eating habits, adaptable, and not easily upset. Because of their easy style, parents need to set aside special times to talk about the child's frustrations and hurts because he or she won't demand or ask for it.
- Difficult, active, or feisty** children are often fussy, irregular in feeding and sleeping habits, fearful of new people and situations, easily upset by noise and commotion, high strung, and intense in their reactions.
- Slow to warm up or cautious** children are relatively inactive and fussy, tend to withdraw or to react negatively to new situations, but their reactions gradually become more positive with continuous exposure.

Does your child have fears/phobias (the dark, snakes, clowns, etc.)

No Yes If yes, describe: _____

Does your child have special objects (blanket, dolls, etc.)

No Yes If yes, describe: _____

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC****Housing and Household**

Child's Housing. Which of the following best describes your child's current housing situation?

- | | | |
|--|--|-----------------------------------|
| <input type="checkbox"/> Own single/multiple family home | <input type="checkbox"/> Boarding school | <input type="checkbox"/> Homeless |
| <input type="checkbox"/> Rented apartment | <input type="checkbox"/> Group home | |
| <input type="checkbox"/> Rented house | <input type="checkbox"/> Shelter | |
| <input type="checkbox"/> Subsidized housing (e.g., HUD) | <input type="checkbox"/> Residential treatment | |

What is the primary language spoken in the home? _____

Do you have any concerns about the security or safety of the home or neighborhood?

No Yes If yes, please describe: _____

For this current year, what do you expect your family income from all sources before taxes to be?

- | | | |
|--|--|--|
| <input type="checkbox"/> Under \$25,000 | <input type="checkbox"/> \$75,000 - \$99,999 | <input type="checkbox"/> Over \$150,000 Prefer not to disclose |
| <input type="checkbox"/> \$25,000 - \$39,999 | <input type="checkbox"/> \$100,000 - \$124,999 | <input type="checkbox"/> Prefer not to disclose |
| <input type="checkbox"/> \$40,000 - \$49,999 | <input type="checkbox"/> \$125,000 - \$149,999 | |
| <input type="checkbox"/> \$50,000 - \$74,999 | | |

Legal

Has Child Protective Services ever been involved in your family's life? No Yes

If yes, please describe: _____

Does a parent or child have a history with the legal system? No Yes

If yes, please describe: _____

Family Religious/Spiritual Beliefs

Does your family attend religious services? No Yes If yes, please describe: _____

Is your child involved in a youth group through your family's religion? No Yes

If yes, please describe: _____

What religious/spiritual dimensions should we consider in planning your child's care, if any? _____

Discipline

What disciplinary techniques do you use with your child? _____

Have these techniques been effective? No Yes

What methods of discipline seem to work best with the child? _____

**NEW PATIENT MEDICAL HISTORY
BEHAVIORAL HEALTH PEDIATRIC**

School History

Does the child currently have a learning disability or a history of a learning disability? No Yes

If yes, please describe: _____

Comments from teachers: _____

Other school/educational concerns: _____

Does the child have an **Individualized Education Program (IEP)**? No Yes

If yes, what are the accommodations? _____

Are you satisfied with the accommodations? No Yes

Does the child have a **504 plan**? No Yes

If yes, what are the accommodations? _____

Are you satisfied with the accommodations? No Yes

ADDITIONAL INFORMATION

Is there any additional information you would like us to know or which you believe will be helpful to better understand your child?

