



# Men's Group

Let's talk about employment skills, managing anxiety, building relationships, community resources, and health & wellness.

This is a 6-week program starting Feb. 7.

**Fridays, 1 - 2 p.m.**

## Facilitated by

Drew Thomas

## Location

Whole Health Clinic  
535 N. Wilmot Rd.  
#201

## Questions?

Call 520-694-1781 or email  
[Andrew.Thomas2@bannerhealth.com](mailto:Andrew.Thomas2@bannerhealth.com)

## Insurance

Attendees must have  
AHCCCS insurance.