



Women's Group Age 60+

Let's talk about employment skills, managing anxiety, building relationships, community resources, and health & wellness.

Wednesday, 3:30-4:30 p.m.
Friday, 9-10 a.m.

Facilitated by

Dee Gonzales on Fridays
and Pennie Bell-Casillas on
Wednesdays

Questions?

Call 520-694-1781 or email
Andrew.Thomas2@bannerhealth.com

Location

Whole Health Clinic
535 N. Wilmot Rd.
#201

Insurance

Attendees must have
AHCCCS insurance.