



**New Patient Intake Information  
(Parent Report)**

Welcome to the UA Whole Child Clinic! Our approach to treating your child is comprehensive and thorough. We consider various factors that contribute to your child's well-being including their behavior, growth and development, family, friends, school, physical health, diet, and physical activity. This intake form provides vital information about your child from your perspective as a parent. We hope you find that although the intake form is lengthy and requires an investment in time, it will allow us to understand your child and provide the best treatment.

To fill out this intake form, please allow at least 45 minutes so you can answer all of the questions accurately. All of the questions are very important for your psychiatrist to know about, so please take your time and answer as carefully as you can.

Because of our comprehensive approach, please allow 2 hours for the first appointment. After the first appointment, we may request to contact your child's school and therapist. Initial recommendations are usually given at the second appointment. At the first session, it is important that **caregivers** be present. For 2 parent families, both parents are **HIGHLY** encouraged to attend. In families with only a single parent, another key caregiver is invited to attend (if applicable).

Please bring the following with you to the first appointment, if available:

- ✓ Previous testing that has been done on your child (ex: neuropsychological testing, psychoeducational testing)
- ✓ Child's report card
- ✓ IEP (Individualized Education Program) or 504 plan if in place
- ✓ Testing done to create the IEP (Multi Factored Evaluation)
- ✓ All other relevant medical documents.
- ✓ All bottles/packages for all medications that the child is **currently** taking. This includes medications prescribed by a doctor, over the counter medications (ex: Tylenol), and all bottles of vitamins or nutritional supplements.
- ✓ Functional Behavior Assessments (FBA) and Behavior Intervention Plans (BIP)
- ✓ Legal paperwork establishing guardianship/custody arrangement (if applicable)

Thank you for choosing the UA Whole Child Clinic. We look forward to working with you and your child.





NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

*Please provide as much detail as you are able so that we can give you the safest and best care possible.*

Preferred Pharmacy (name and location): \_\_\_\_\_

Primary Care Provider

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ Fax #: \_\_\_\_\_

Referring Provider: \_\_\_\_\_

ALLERGIES

No Known Allergies List any allergies and intolerances to medications, food or the environment.

Allergy	Reaction

MEDICATIONS

No Medications List any medications you are taking, with dose and how often.

Medication Name	Dose	How often?

List any Vitamins, Supplements and Over the Counter Medicines

1.	2.
3.	4.
5.	6.

DO NOT RETAIN AS PART OF THE PERMANENT MEDICAL RECORD



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH**

**MEDICAL / PSYCHIATRIC HISTORY**

What medical problems have you had? Please mark **all** that apply:

CONDITION	CONDITION	CONDITION	CONDITION
ADD/ADHD	Bronchitis	Intermittent Explosive Disorder	Post-Traumatic Stress Disorder (PTSD)
Abdominal pain	Circadian rhythm disorder (sleep phase syndrome)	Major Depression-chronic	Prematurity
Acne	Chickenpox	Major Depression-single episode	Psychotic Disorder
Adjusted disorder with anxiety	Concussion/CHI	Menstrual Problems	Pyelonephritis
Adjusted disorder with conduct disorder	Congenital Heart Disease	Migraines	Recurrent Depression Psychosis
Adjustment disorder with depression	Constipation	Mood Disorder	Recurrent Otis Media
Adjustment disorder with disturbance of emotions	Depression	Narcolepsy	Schizoaffective Disorder
Allergic rhinitis	Diabetes	Obsessive Compulsive Disorder	Seizure Disorder
Allergies	Drug Dependence	Oppositional Defiant Disorder	Seizure-Febrile
Anemia	Dysthymic Disorder	Panic Disorder w/ agoraphobia	Sleep apnea
Anxiety	Eczema	Panic Disorder w/o agoraphobia	Social Phobia
Bipolar I	Fracture	Paranoid Schizophrenia	Substance Dependence
Bipolar II	G.E.R.D.	Parasomnias REM _____ Non REM _____	Suicidality
Bleeding Disorder	Headache, migraine	Pneumonia	Traumatic brain injury
Borderline Personality Disorder	Hearing Problems	Poly-substance Dependence	Urinary tract infection
Bronchiolitis	Heart murmur		Other: _____

Other medical problems: \_\_\_\_\_

**SURGICAL HISTORY**

What surgeries have you had? Please mark **all** that apply and include the year they were performed.

Adenoidectomy	Hypospadias repair	Tonsillectomy
Appendectomy	Inguinal hernia repair	Umbilical hernia repair
Circumcision	Lymph node biopsy	
Dental surgery	PET placement	

Other surgeries: \_\_\_\_\_

**DO NOT RETAIN AS PART OF THE PERMANENT MEDICAL RECORD**



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH**

**FAMILY HISTORY**

List health conditions for each family member.

	Alive	Deceased	Age of Death	Health Condition(s)
Father				
Mother				
Paternal Grandmother				
Paternal Grandfather				
Maternal Grandmother				
Maternal Grandfather				
Brother				
Sister				

**SOCIAL HISTORY**

**TOBACCO / ALCOHOL / CAFFEINE / DRUGS**  
(For patients 12 and older)

Tobacco/smoking status: Never \_\_\_\_\_  
 Current \_\_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_ Duration \_\_\_\_\_  
 Former \_\_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_ Duration \_\_\_\_\_

Tobacco use in the household?  Yes  No  
 Do you use alcohol?  Yes  No Type \_\_\_\_\_ Amount \_\_\_\_\_ Frequency \_\_\_\_\_  
 Alcohol use in the household?  Yes  No  
 Do you use recreational drugs?  Yes  No Type \_\_\_\_\_ Amount \_\_\_\_\_ Frequency \_\_\_\_\_  
 Substance abuse use in the household?  Yes  No

**TOBACCO / ALCOHOL / CAFFEINE / DRUGS**  
(For patients under 12)

Tobacco use in the household?  Yes  No  
 Alcohol use in the household?  Yes  No  
 Substance abuse use in the household?  Yes  No

**HOME ENVIRONMENT**

Child lives with: \_\_\_\_\_

**EXERCISE**

Do you exercise?  Yes  No If yes, list type of exercise and number of times/week: \_\_\_\_\_

**EMPLOYMENT/SCHOOL**

Grade in school: \_\_\_\_\_ Name of school: \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer \_\_\_\_\_

**DO NOT RETAIN AS PART OF THE PERMANENT MEDICAL RECORD**



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH**

**REVIEW OF SYSTEMS**

CONSTITUTIONAL			CARDIOVASCULAR			NEUROLOGICAL		
Headaches	Yes	No	Heart trouble	Yes	No	Frequent or recurring headaches	Yes	No
Recent weight gain	Yes	No	Palpitations	Yes	No	Head injury	Yes	No
Recent weight loss	Yes	No	Sudden heart beat changes	Yes	No	Stroke	Yes	No
EYES			RESPIRATORY			Tremors	Yes	No
Eye disease/injury	Yes	No	Asthma	Yes	No	PSYCHIATRIC		
Glaucoma	Yes	No	COPD	Yes	No	Depression	Yes	No
ENT			Use oxygen	Yes	No	Memory loss or confusion	Yes	No
Hearing loss	Yes	No	Wheezing	Yes	No	Nervousness	Yes	No
GENITOURINARY			GASTROINTESTINAL			Sleep problems	Yes	No
Frequent urination	Yes	No	Gastroesophageal reflux	Yes	No	ENDOCRINE		
Incontinence or dribbling	Yes	No	Loss of appetite	Yes	No	Glandular/hormone problem	Yes	No
Sexual difficulty	Yes	No	Nausea/Vomiting	Yes	No	Thyroid disease	Yes	No
MUSCULOSKELETAL						HEMATOLOGIC		
Back pain	Yes	No				Easily bruised/bleed	Yes	No
Difficulty walking	Yes	No						
Weakness of muscles/joints	Yes	No						

**DO NOT RETAIN AS PART OF THE PERMANENT MEDICAL RECORD**



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

**Current Mental Health Providers**

**Counselor/Therapist** Name \_\_\_\_\_ Phone \_\_\_\_\_  
**Psychiatrist** Name \_\_\_\_\_ Phone \_\_\_\_\_  
Specialty \_\_\_\_\_

**Current School** \_\_\_\_\_ **School Phone** \_\_\_\_\_  
**Contact Name** \_\_\_\_\_  
**Current grade level** \_\_\_\_\_ **Average grades** \_\_\_\_\_  
**Homework problems** \_\_\_\_\_

**Current Concerns**

Please describe your child's problem(s) (that is, the concerns that brought you here today):

When did these problems begin?

Please give examples of the problem:

Why do you think your child is having this particular problem?

**Challenging Behavior**

1. Record each problem behavior the individual displays and describe it specifically. Include any damage resulting from the problem behavior either to the individual or others. Please rank in order of concern to yourself or other caretakers.

Behavior	Description
A. _____	_____
B. _____	_____
C. _____	_____
D. _____	_____
E. _____	_____
F. _____	_____
G. _____	_____



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

2. Estimate the severity of the problem behavior of greatest concern (circle one)  
Moderate      Severe      Life-threatening
3. Has the individual ever been sent to the hospital to treat an injury resulting from the behavior? No Yes  
Describe: \_\_\_\_\_
4. Has the individual ever sent someone else to the hospital to treat an injury resulting from the behavior? No Yes  
Describe: \_\_\_\_\_
5. Has the individual ever been hospitalized to develop a treatment for these behavior problems? No Yes  
Describe: \_\_\_\_\_
6. In what settings do these behaviors occur?  
a. Home  
b. School  
c. Community: specify \_\_\_\_\_  
d. Other: \_\_\_\_\_
7. Estimate the current frequency of the problem behavior(s) (circle one).  
a. Less than one episode per week (list frequency)      d. Occurs several times per day  
b. 1 to 3 episodes per week      e. Occurs every hour while awake  
c. Occurs about once daily
8. How long has the individual been engaging in the problem behavior(s) (circle one)?  
a. Within past 6 months      d. More than 3 years but less than 5 years  
b. More than 6 months but less than 1 year      e. More than 5 years but less than 10 years  
c. More than 1 year but less than 3 years      f. More than 10 years
9. When is the problem behavior(s) likely to occur (circle all that apply)  
a. When individual is left alone or unattended      d. Mealtimes, dressing or bathing (circle)  
b. When lots of people are around      e. Time of day: \_\_\_\_\_  
c. When demands are placed on the individual      f. Other: \_\_\_\_\_
10. Are there any occasions when the problem behavior(s) rarely or never occurs?  
\_\_\_\_\_  
\_\_\_\_\_
11. a. How do people (staff, parents, etc.) typically respond when the individual engages in the problem behavior(s)?  
\_\_\_\_\_  
(If a formal program is currently being conducted, refer to it here and send a copy)
11. b. How long has the program been in place? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
12. Estimate the general trend of the problem behavior(s) during the past year (circle one)  
a. Increasing (behavior getting worse)      b. Decreasing (behavior getting better)      c. Stable (about the same)
13. Does the individual display aggressive behavior toward staff or peers? If yes, explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

14. Was the onset of the problem behavior(s) associated with any specific event or series of events?

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Have the following procedures ever been used to treat the problem behavior(s)? (circle all that have been used)

a. Restraint

Describe: \_\_\_\_\_

Start Date: \_\_\_\_\_ Still used? No / Yes Stop Date: \_\_\_\_\_

Estimated degree of success: \_\_\_\_\_

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Which problem behavior(s) was the treatment indicated for?

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b. Protective Equipment

Describe: \_\_\_\_\_

Start Date: \_\_\_\_\_ Still used? No / Yes Stop Date: \_\_\_\_\_

Estimated degree of success: \_\_\_\_\_

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Which problem behavior(s) was the treatment indicated for?

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c. Behavior Modification - positive reinforcement

Describe: \_\_\_\_\_

Start Date: \_\_\_\_\_ Still used? No / Yes Stop Date: \_\_\_\_\_

Estimated degree of success: \_\_\_\_\_

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Which problem behavior(s) was the treatment indicated for?

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**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC****d. Behavior Modification - punishment**

Describe: \_\_\_\_\_

Start Date: \_\_\_\_\_ Still used? No / Yes Stop Date: \_\_\_\_\_

Estimated degree of success: \_\_\_\_\_

Which problem behavior(s) was the treatment indicated for?  
\_\_\_\_\_  
\_\_\_\_\_**e. Other Describe: \_\_\_\_\_**

Start Date: \_\_\_\_\_ Still used? No / Yes Stop Date: \_\_\_\_\_

Estimated degree of success: \_\_\_\_\_

Which problem behavior(s) was the treatment indicated for?  
\_\_\_\_\_  
\_\_\_\_\_

What are your goals for consulting with our clinic? That is, what would you like to happen?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What feelings does your child MOST OFTEN show when faced with stress or other problems? (i.e. anger, fear, sadness, etc.)

What seems to help your child deal with stress or problems?

What seems to make things worse?

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

**Life Stress**

**Major Stresses:** Please mark if any of the following events have happened to your child in the past TWO YEARS?  
*Check all that apply:*

- |   |  |
|---|--|
| <input type="checkbox"/> Moving to a new home                         | <input type="checkbox"/> New brother or sister                             |
| <input type="checkbox"/> Change to a new school                       | <input type="checkbox"/> Trouble with a brother or sister                  |
| <input type="checkbox"/> Parents fighting                             | <input type="checkbox"/> More arguments with parents                       |
| <input type="checkbox"/> Parents separated                            | <input type="checkbox"/> Less arguments with parents                       |
| <input type="checkbox"/> Parents divorced                             | <input type="checkbox"/> Getting a new boyfriend/girlfriend                |
| <input type="checkbox"/> New stepmother or stepfather                 | <input type="checkbox"/> Breaking up with boyfriend/girlfriend             |
| <input type="checkbox"/> Mother or father lost a job                  | <input type="checkbox"/> Making up with boyfriend/girlfriend               |
| <input type="checkbox"/> Mother or father got a new job               | <input type="checkbox"/> Losing a close friend                             |
| <input type="checkbox"/> Change in parent's financial status          | <input type="checkbox"/> Got a new job                                     |
| <input type="checkbox"/> Increased absence of a parent                | <input type="checkbox"/> Lost a job  |
| <input type="checkbox"/> Parent in trouble with the law               | <input type="checkbox"/> Special recognition for good grades               |
| <input type="checkbox"/> Parent went to jail                          | <input type="checkbox"/> Making the honor role                             |
| <input type="checkbox"/> Child had major personal injury/illness      | <input type="checkbox"/> Joining a new club                                |
| <input type="checkbox"/> Serious illness or injury in the family      | <input type="checkbox"/> Making an athletic team, cheerleading, etc.       |
| <input type="checkbox"/> Death of a family member                     | <input type="checkbox"/> Failing to make athletic team, cheerleading, etc. |
| <input type="checkbox"/> Serious illness of a friend                  | <input type="checkbox"/> Trouble with teacher                              |
| <input type="checkbox"/> Boyfriend/girlfriend/friend having operation | <input type="checkbox"/> Trouble with classmates                           |
| <input type="checkbox"/> Male: Girlfriend become pregnant             | <input type="checkbox"/> Making failing grades in school classes           |
| <input type="checkbox"/> Female: Became pregnant                      | <input type="checkbox"/> Failed a grade/put back a grade                   |
| <input type="checkbox"/> Death of a friend                            | <input type="checkbox"/> Skipped a grade/put ahead a grade                 |
| <input type="checkbox"/> Loss of a pet                                | <input type="checkbox"/> Got suspended from school                         |
| <input type="checkbox"/> Got a new pet                                | <input type="checkbox"/> Got into trouble with the police                  |
| <input type="checkbox"/> Got own car                                  | <input type="checkbox"/> Got put into detention, jail                      |

**Sleep**

Where does your child sleep? *Please check all that apply.*

- Own bed
- Shares a bed. If so, with whom? \_\_\_\_\_
- Other (couch, floor, etc.) \_\_\_\_\_
- Own room
- Shares a room. If so, with whom? \_\_\_\_\_

What time does child usually go to bed on SCHOOL days? \_\_\_\_\_

What time does child usually go to bed on WEEKENDS? \_\_\_\_\_

How long (in minutes) does it usually take for child to fall asleep each night?

<u>15 or less</u>	<u>16 – 30</u>	<u>31 – 60</u>	<u>61 or more</u>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Problems falling asleep?  No  Yes If yes, please describe: \_\_\_\_\_

Problems staying asleep?  No  Yes If yes, please describe: \_\_\_\_\_

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

On average, how many hours does your child sleep at night?

- Less than 6 hours    7 – 8 hours    9 hours    10 hours    More than 10 hours

What time does child usually wake up on SCHOOL days? \_\_\_\_\_

What time does child usually wake up on WEEKENDS? \_\_\_\_\_

Problems waking up?    No    Yes   If yes, please describe: \_\_\_\_\_

How often does your child take a nap?

- Never    1 – 2 days per week    3 – 6 days per week    Every day

There is a television in my children's room.    No    Yes

Any current or history of: *Check all that apply*

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Loud Snoring                                    | <input type="checkbox"/> Sleep Terrors | <input type="checkbox"/> Awaken gasping for breath or choking   |
| <input type="checkbox"/> Restless Sleep                                  | <input type="checkbox"/> Dry mouth     | <input type="checkbox"/> Irresistible urge to move legs or arms |
| <input type="checkbox"/> Sleepy during the day                           | <input type="checkbox"/> Grinds teeth  | <input type="checkbox"/> Bedwetting at night                    |
| <input type="checkbox"/> Mouth breathing                                 | <input type="checkbox"/> Sleep Walking | <input type="checkbox"/> Recurrent nightmares                   |
| <input type="checkbox"/> Observed apnea (stops breathing) while sleeping |  | <input type="checkbox"/> Pain in legs at night                  |

**Diet and Nutrition**

Is your child currently on a special diet? (e.g., vegetarian, vegan, high protein, gluten free)    No    Yes

If yes, please list dietary restrictions: \_\_\_\_\_

How many meals per week does your family eat together where your child is present?

- None    1 – 5    6 – 10    11 – 15    16 or more

How many mornings per week does your child eat breakfast?

- None    1    2    3    4    5    6    7

The amount of certain foods and beverages your child eats on an AVERAGE day:

- |   |                               |                            |                                    |                                     |
|---|-------------------------------|----------------------------|------------------------------------|-------------------------------------|
| Soda (glasses, cups, or cans of Coke, Pepsi, etc) | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Caffeinated tea (cups of iced tea or hot tea)     | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Caffeinated coffee (8 ounce cups)                 | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Energy drinks (cans, glasses, or cups)            | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Fast Food   | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Restaurant meals (including take out)             | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Prepackaged meals (including frozen meals)        | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Servings of fruit                                 | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |
| Servings of vegetables                            | <input type="checkbox"/> None | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 or more | <input type="checkbox"/> Don't know |

**Physical Activity and Exercise**

How many days a WEEK does your child spend at least 60 minutes in physical exercise that made child breathe hard and increase heart rate (running, swimming, riding a bicycle, playing sports):

- None    1-2 days    3-4 day    5-6 days    7 days

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

Does your child have and attend Physical education (PE) class at school:

No  Yes  Don't know

**Screen Time**

For an average day, how many hours does your child spend:

Watching TV \_\_\_\_\_  
 Playing video games \_\_\_\_\_  
 Using computer \_\_\_\_\_  
 Cell phone \_\_\_\_\_  
 Other electronic device \_\_\_\_\_

Playing video games: include online games, X Box, Play Station, iPad/tablet, iPhone/smartphone

Using a computer: school work, internet, emailing, Skype. DO NOT include video games

Cell phone, other electronic device: for texting, talking with friends, etc.

**Child's Past Psychiatric or Mental Health Care**

**Past Psychiatric Medications**

What prescription psychiatric medications have been tried with your child in the PAST? Include all medications that have been prescribed by a doctor or other health care provider (if you have them, please bring all medication bottles to your first visit).

Name of Past Psychiatric Medication	Strength (Ex: 50 mg, 5 units)	Dose (Ex: 1 capsule daily, 1 teaspoon twice a day)	Reason Started	Side Effects

Has your child EVER seen a therapist or counselor before? (e.g., psychologist, social worker, school counselor)

No  Yes If yes, when and why? \_\_\_\_\_

Has your child EVER seen a psychiatrist before?  No  Yes If yes, when and why? \_\_\_\_\_

Does the child have a history of:

- Seizures
- Passing out
- Rheumatic fever
- High blood pressure
- Concussions
- Palpitations (rapid heartbeat)
- Chest pain or shortness of breath with exercise
- Reflux
- Head traumas
- Heart murmur

Does the child have a history of eczema  No  Yes If yes, when diagnosed: \_\_\_\_\_

## NEW PATIENT MEDICAL HISTORY BEHAVIORAL HEALTH PEDIATRIC

**FOR GIRLS:**

Has your daughter begun menstruation (having her periods)?  No  Yes If yes, at what age? \_\_\_\_\_

Are her menstrual cycles  Regular (every 28 days)  Not regular (3 weeks, 5 weeks)

Does she have significant mood changes that go along with her monthly cycles?  No  Yes

If yes, please describe: \_\_\_\_\_

Does your daughter take birth control?  No  Yes

**Review of Systems:**

Please indicate by your child has had any of the following medical problems within the past month. *Check all that apply.*

**General**

- Fever
- Fatigue
- Recent weight loss or gain
- Restriction of numerous foods
- Heat or cold intolerance
- Difficulty sleeping

**Head, Eyes, Ears, Nose, Mouth, Throat**

- Headache
- Dizziness
- Loss of hair
- Swollen glands
- Red or irritated eyes
- Ringing in ears
- Dry mouth
- Bad breath
- Mouth sores
- Sore throat
- Voice changes
- Swollen glands
- Running nose
- Post nasal drip

**Respiratory**

- Shortness of breath
- Wheezing
- Chest pain on taking a deep breath
- Other chest pain or tightness
- Cough

**Genitourinary**

- Pain with urination
- Increase in frequency or urgency in urinating
- Blood in urine

**Cardiovascular**

- Irregular heart beat
- Murmur
- Palpitations

**Bones, Muscles, Joints**

- Morning stiffness
- Joint pain
- Joint swelling
- Muscle pain
- Neck pain
- Low back pain
- Numbness or tingling

**Skin**

- Rash over cheeks
- Hives or welts
- Easy bruising
- Sun sensitivity
- White, blue, or red skin color change in fingers when exposed to cold
- Strong foot odor

**Gastrointestinal**

- Loss of appetite
- Difficulty swallowing
- Heartburn, indigestion
- Nausea
- Vomiting
- Pain or cramps in abdomen
- Abnormal stool patterns
- Bloating abdomen and gas/burping
- Diarrhea
- Constipation
- Blood in stools
- Vomiting blood

**Family History**

Questions in this section are separated between biological parents and guardians/foster parents. If you are a guardian or foster parent, please first answer what you know about the child's biological mother and father. Then, move to the section about yourself.

**Biological Parents**

**Biological Mother**

Biological mother's current age: \_\_\_\_\_

If deceased, age at death and cause of death: \_\_\_\_\_

Biological mother's race/ethnicity:

- American Indian  Alaska Native  Asian  Black / African American  Hispanic / Latino  Middle Eastern Indian
- Native Hawaiian / Other Pacific Islander  Other \_\_\_\_\_  Unknown

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

Biological mother's highest level of completed education?

- Elementary School only (grades 1-8)
- Some high school, but did not finish (grades 9-11)
- Completed high school or GED (high school graduate)
- Some college, but have not completed a degree
- Two-year college degree / A.A / A.S.
- Four-year college degree / B.A. / B.S.

- Some graduate work but have not completed a degree
- Completed a Master's degree or professional degree (e.g., ARNP)
- Completed a Ph.D., law degree, M.D., or similar advanced professional degree

Biological mother's current employment status?

- Employed full time
- Employed part time
- Unemployed / Looking for work
- Homemaker
- Retired

If employed full or part time, what is biological mother's occupation or type of work? \_\_\_\_\_

Has the biological mother ever sought psychiatric treatment?  No  Yes

If yes, please explain the purpose: \_\_\_\_\_

Has the biological mother ever had treatment or counseling for alcohol or drug use?  No  Yes

If yes, please explain: \_\_\_\_\_

Does/has anyone on the biological mother's side of the family...

Take psychiatric medications?  No  Yes If yes, who, what medications, and why? \_\_\_\_\_

Ever been hospitalized for a psychiatric problem?  No  Yes If yes, who and why? \_\_\_\_\_

Ever been hospitalized for alcoholism or drug abuse?  No  Yes If yes, who and why? \_\_\_\_\_

Ever attempted suicide?  No  Yes If yes, who? \_\_\_\_\_

Ever committed/completed suicide?  No  Yes If yes, who? \_\_\_\_\_

**Biological Father**

Biological father's current age: \_\_\_\_\_

If deceased, age at death and cause of death: \_\_\_\_\_

Biological father's race/ethnicity:

- American Indian
- Alaska Native
- Asian
- Black / African American
- Hispanic / Latino
- Middle Eastern Indian
- Native Hawaiian / Other Pacific Islander
- Other \_\_\_\_\_
- Unknown

Biological father's highest level of completed education?

- Elementary School only (grades 1-8)
- Some high school, but did not finish (grades 9-11)
- Completed high school or GED (high school graduate)
- Some college, but have not completed a degree
- Two-year college degree / A.A / A.S.
- Four-year college degree / B.A. / B.S.

- Some graduate work but have not completed a degree
- Completed a Master's degree or professional degree (e.g., ARNP)
- Completed a Ph.D., law degree, M.D., or similar advanced professional degree

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

Biological father's current employment status?

- Employed full time    Employed part time    Unemployed / Looking for work    Homemaker    Retired

If employed full or part time, what is biological father's occupation or type of work? \_\_\_\_\_

Has the biological father ever sought psychiatric treatment?    No    Yes

If yes, please explain the purpose: \_\_\_\_\_

Has the biological father ever had treatment or counseling for alcohol or drug use?    No    Yes

If yes, please explain: \_\_\_\_\_

Does/has anyone on the biological father's side of the family:

Take psychiatric medications?    No    Yes   If yes, who, what medications, and why? \_\_\_\_\_

Ever been hospitalized for a psychiatric problem?    No    Yes   If yes, who and why? \_\_\_\_\_

Ever been hospitalized for alcoholism or drug abuse?    No    Yes   If yes, who and why? \_\_\_\_\_

Ever attempted suicide?    No    Yes   If yes, who? \_\_\_\_\_

Ever committed/completed suicide?    No    Yes   If yes, who? \_\_\_\_\_

**If your child is NOT adopted, please SKIP this section, and resume  
at "Family Medical History"**

**Non-Biological/Adoptive Parents**

How long has this child been with you? \_\_\_\_\_

Are you related to the child (grandparent, aunt/uncle)?    No    Yes

If yes, how related? \_\_\_\_\_

**Non-Biological Mother** In the following questions, "mother" refers to the foster or adoptive mother

Mother's current age: \_\_\_\_\_

If deceased, age at death and cause of death: \_\_\_\_\_

Mother's race/ethnicity:

- American Indian    Alaska Native    Asian    Black / African American    Hispanic / Latino    Middle Eastern Indian  
 Native Hawaiian / Other Pacific Islander    Other \_\_\_\_\_    Unknown

Mother's highest level of completed education?

- |  |  |
|--|--|
| <input type="checkbox"/> Elementary School only (grades 1-8)                 | <input type="checkbox"/> Some graduate work but have not completed a degree                              |
| <input type="checkbox"/> Some high school, but did not finish (grades 9-11)  | <input type="checkbox"/> Completed a Master's degree or professional degree<br>(e.g., ARNP)              |
| <input type="checkbox"/> Completed high school or GED (high school graduate) | <input type="checkbox"/> Completed a Ph.D., law degree, M.D., or similar<br>advanced professional degree |
| <input type="checkbox"/> Some college, but have not completed a degree       |  |
| <input type="checkbox"/> Two-year college degree / A.A. / A.S.               |  |
| <input type="checkbox"/> Four-year college degree / B.A. / B.S.              |  |



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

Mother's current employment status?

- Employed full time    Employed part time    Unemployed / Looking for work    Homemaker    Retired

If employed full or part time, what is mother's occupation or type of work? \_\_\_\_\_

Please describe the medical problems the mother may have: \_\_\_\_\_

Please describe any behavioral/emotional problems the mother may have: \_\_\_\_\_

Has the mother ever sought psychiatric treatment?    No    Yes

If yes, please explain the purpose: \_\_\_\_\_

Has the mother ever had treatment or counseling for alcohol or drug use?    No    Yes

If yes, please explain: \_\_\_\_\_

Does/has anyone on the mother's side of the family... \_\_\_\_\_

Take psychiatric medications?    No    Yes   If yes, who, what medications, and why? \_\_\_\_\_

Ever been hospitalized for a psychiatric problem?    No    Yes

If yes, who and why? \_\_\_\_\_

Ever been hospitalized for alcoholism or drug abuse?    No    Yes

If yes, who and why? \_\_\_\_\_

Ever attempted suicide?    No    Yes

If yes, who? \_\_\_\_\_

Ever committed/completed suicide?    No    Yes

If yes, who? \_\_\_\_\_

**Non-Biological Father.** In the following questions, "father" refers to the foster or adoptive father.

Father's current age: \_\_\_\_\_

If deceased, age at death and cause of death: \_\_\_\_\_

Father's race/ethnicity:

- American Indian    Alaska Native    Asian    Black / African American    Hispanic / Latino    Middle Eastern Indian  
 Native Hawaiian / Other Pacific Islander    Other \_\_\_\_\_    Unknown

Father's highest level of completed education?

- Elementary School only (grades 1-8)    Some graduate work but have not completed a degree  
 Some high school, but did not finish (grades 9-11)    Completed a Master's degree or professional degree (e.g., ARNP)  
 Completed high school or GED (high school graduate)    Completed a Ph.D., law degree, M.D., or similar advanced professional degree  
 Some college, but have not completed a degree  
 Two-year college degree / A.A. / A.S.  
 Four-year college degree / B.A. / B.S.

Father's current employment status?

- Employed full time    Employed part time    Unemployed / Looking for work    Homemaker    Retired

If employed full or part time, what is father's occupation or type of work? \_\_\_\_\_

Please describe the medical problems the father may have: \_\_\_\_\_



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

Please describe any behavioral/emotional problems the father may have: \_\_\_\_\_

Has the father ever sought psychiatric treatment?  No  Yes  
If yes, please explain the purpose: \_\_\_\_\_

Has the father ever had treatment or counseling for alcohol or drug use?  No  Yes  
If yes, please explain: \_\_\_\_\_

Does/has anyone on the father's side of the family:  
Take psychiatric medications?  No  Yes If yes, who, what medications, and why? \_\_\_\_\_

Ever been hospitalized for a psychiatric problem?  No  Yes  
If yes, who and why? \_\_\_\_\_

Ever been hospitalized for alcoholism or drug abuse?  No  Yes  
If yes, who and why? \_\_\_\_\_

Ever attempted suicide?  No  Yes  
If yes, who? \_\_\_\_\_

Ever committed/completed suicide?  No  Yes  
If yes, who? \_\_\_\_\_

**Family Medical History**

- Does anyone in your child's BIOLOGICAL FAMILY have a history of:
- Sudden or unexplained death in someone young?  No  Yes
  - Sudden cardiac death or "heart attack" in members younger than 35 years of age?  No  Yes
  - Sudden death during exercise?  No  Yes
  - Cardiac arrhythmias?  No  Yes
  - Hypertrophic cardiomyopathy or other cardiomyopathy?  No  Yes
  - Long QT syndrome, short-QT syndrome or Brugada syndrome?  No  Yes
  - Wolff-Parkinson-White syndrome?  No  Yes
  - Marfan syndrome?  No  Yes
  - Celiac disease?  No  Yes

**Caregiver Stress Level**

To Be Filled Out By The Main Caregiver. Answer these questions about YOUR level of stress.

	Not at all	A little bit	Moderate amount	A good deal	Very much
Stress means a situation in which a person feels tense, restless, nervous or anxious, or is unable to sleep at night because his/her mind is troubled all the time. How much do you feel this kind of stress these days (at the present time)?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

In the past year, how would you rate the amount of stress you have in your life, at home and at work?

<b>No stress</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Extreme stress</b>
	0	1	2	3	4	5	6	

These questions ask about your feelings and thoughts during the PAST TWO WEEKS (14 days). For each, please indicate how often you felt or thought a certain way.

		<b>Never</b>	<b>Almost never</b>	<b>Some times</b>	<b>Fairly often</b>	<b>Very often</b>
How often have you felt that you were unable to control the important things in your life?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4	4
How often have you felt confident about your ability to handle your personal problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4	4
How often have you felt that things were going your way?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4	4
How often have you felt difficulties were piling up so high that you could not overcome them?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	0	1	2	3	4	4

In general, how would you rate your ability to handle stress?

<b>I can shake off stress</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<b>Stress eats away at me</b>
	0	1	2	3	4	5	6	

**Child's Developmental History**

**Prenatal History and Mother's Health during Pregnancy**

Was the pregnancy with this child:  Planned  Unplanned  Unknown

During pregnancy, did mother... *Please check all that apply*

Smoke cigarettes  Drink alcohol  Use medical marijuana  Use illegal drugs  Unknown

Was mother depressed during pregnancy?  No  Yes  Unknown

If yes, how long did it last? \_\_\_\_\_

Was mother depressed after pregnancy?  No  Yes  Unknown

If yes, how long did it last? \_\_\_\_\_

Was father depressed after pregnancy?  No  Yes  Unknown

If yes, how long did it last? \_\_\_\_\_

**Birth and Postnatal Period**

Where was this child born? \_\_\_\_\_

City

State

Country

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

Child's primary caregiver in the first year:  Mother  Father  Other: \_\_\_\_\_  
 Child's primary caregiver after the first year:  Mother  Father  Other: \_\_\_\_\_

**Developmental History**

If you can recall, please record the age at which your child reached the following developmental milestones. If you cannot recall the age, please check the box that best describes when the milestones were reached.

	Age	Best recollection, if exact age is not recalled		
Sat without support	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Crawled	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Stood without support	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Walked without assistance	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Bowel trained	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Bladder trained, day	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Bladder trained, night	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Tied shoelaces	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late
Rode bicycle	_____	<input type="checkbox"/> Early	<input type="checkbox"/> Normal	<input type="checkbox"/> Late

Did your child ever receive Early Intervention?  No  Yes

If yes, please describe: \_\_\_\_\_

**Language Development**

Please indicate the child's age when the following language milestones were reached. (Beside each question is the age most children reach the milestone. They may not be the same for your child).

- Several words besides mama and dada (1 year) \_\_\_\_\_
- Naming several objects: ball, cup, etc. (15 months) \_\_\_\_\_
- Three words together: subject, verb, object (2 years) \_\_\_\_\_

When compared to peers, was there any problem with vocabulary, articulation, and comprehension?

No  Yes  If yes, describe: \_\_\_\_\_

Has your child ever received speech therapy?  No  Yes If yes, at what age? \_\_\_\_\_

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC****Social Development**

Please indicate the child's age when the following social milestones were reached. (Beside each question is the age most children reach the milestone. They may not be the same for your child).

- Smiled (2 mo) \_\_\_\_\_
- Shy with strangers (6 - 10 mo) \_\_\_\_\_
- Separates from parent easily (2-3 yrs) \_\_\_\_\_
- Cooperative play with others (4 yrs) \_\_\_\_\_

Were there problems with attachment with mother or father?  No  Yes

If yes, describe: \_\_\_\_\_

Were there problems when the child was first separating from home, for example when starting daycare/preschool/ kindergarten/first grade?  No  Yes

If yes, describe: \_\_\_\_\_

Problems in relationships with other family members? (Include siblings)  No  Yes

If yes, describe: \_\_\_\_\_

Problems in past peer interactions. That is, has the child had difficulty getting along with friends?

No  Yes  If yes, describe: \_\_\_\_\_

**Friendships**

Does your child get along with other children currently?  No  Yes

Does your child get invited for sleepovers or birthday parties?  No  Yes

Does your child attend sleepovers or birthday parties?  No  Yes

Does your child have a best friend?  No  Yes

**Animals**

Does your child have any fears of animals?  No  Yes

Does your child have a pet now or had a pet in the past?  No  Yes Pet's name \_\_\_\_\_

**Emotional Development**

Each child is BORN with a natural form of interacting with people, places, and things. This is called their "temperament."

Of the following, how would you describe your child's temperament?

- Easy or flexible** children are generally calm, happy, regular in sleeping and eating habits, adaptable, and not easily upset. Because of their easy style, parents need to set aside special times to talk about the child's frustrations and hurts because he or she won't demand or ask for it.
- Difficult, active, or feisty** children are often fussy, irregular in feeding and sleeping habits, fearful of new people and situations, easily upset by noise and commotion, high strung, and intense in their reactions.
- Slow to warm up or cautious** children are relatively inactive and fussy, tend to withdraw or to react negatively to new situations, but their reactions gradually become more positive with continuous exposure.

Does your child have fears/phobias (the dark, snakes, clowns, etc.)

No  Yes  If yes, describe: \_\_\_\_\_

Does your child have special objects (blanket, dolls, etc.)

No  Yes  If yes, describe: \_\_\_\_\_



**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

**Housing and Household**

**Child's Housing.** Which of the following best describes your child's current housing situation?

- Own single/multiple family home
- Rented apartment
- Rented house
- Subsidized housing (e.g., HUD)
- Boarding school
- Group home
- Shelter
- Residential treatment
- Homeless

What is the primary language spoken in the home? \_\_\_\_\_

Do you have any concerns about the security or safety of the home or neighborhood?

No  Yes If yes, please describe: \_\_\_\_\_

For this current year, what do you expect your family income from all sources before taxes to be?

- Under \$25,000
- \$25,000 - \$39,999
- \$40,000 - \$49,999
- \$50,000 - \$74,999
- \$75,000 - \$99,999
- \$100,000 - \$124,999
- \$125,000 - \$149,999
- Over \$150,000 Prefer not to disclose
- Prefer not to disclose

**Legal**

Has Child Protective Services ever been involved in your family's life?  No  Yes

If yes, please describe: \_\_\_\_\_

Does a parent or child have a history with the legal system?  No  Yes

If yes, please describe: \_\_\_\_\_

**Family Religious/Spiritual Beliefs**

Does your family attend religious services?  No  Yes If yes, please describe: \_\_\_\_\_

Is your child involved in a youth group through your family's religion?  No  Yes

If yes, please describe: \_\_\_\_\_

What religious/spiritual dimensions should we consider in planning your child's care, if any? \_\_\_\_\_

**Discipline**

What disciplinary techniques do you use with your child? \_\_\_\_\_

Have these techniques been effective?  No  Yes

What methods of discipline seem to work best with the child? \_\_\_\_\_

**NEW PATIENT MEDICAL HISTORY  
BEHAVIORAL HEALTH PEDIATRIC**

**School History**

Does the child currently have a learning disability or a history of a learning disability?  No  Yes

If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Comments from teachers: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Other school/educational concerns: \_\_\_\_\_  
\_\_\_\_\_

Does the child have an Individualized Education Program (IEP)?  No  Yes

If yes, what are the accommodations? \_\_\_\_\_  
\_\_\_\_\_

Are you satisfied with the accommodations?  No  Yes

Does the child have a 504 plan?  No  Yes

If yes, what are the accommodations? \_\_\_\_\_  
\_\_\_\_\_

Are you satisfied with the accommodations?  No  Yes

**ADDITIONAL INFORMATION**

Is there any additional information you would like us to know or which you believe will be helpful to better understand your child?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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