

Please Join Us For...



EPICenter Groups

Starting August 1st, 2022

In-person groups are returning to EPICenter! Groups will include:

Social Club: Connect with peers, share some laughs, and make new friends!

Connections Group: Strengthen social skills through informal interactions!

CBT for Psychosis: Learn and practice strategies to manage and reduce symptoms!

Adolescent Group: Develop new skills, make new friends, and have fun!

Multifamily Group: Join other families to build a strong supportive community!

**Multifamily Group meets every first and third Thursday of the month*

	Monday	Tuesday	Wednesday	Thursday	Friday
4:00pm - 5:00pm		Social Club	CBT for Psychosis (Virtual)	Social Club	
5:00pm - 6:00pm		Adolescent Group ----- CBT for Psychosis		Connections Group ----- Multifamily Group (1st & 3rd Thursday)	

We look forward to seeing you soon!

Walk ins are welcome! Or you can RSVP to Susan Thomas (Hurt) at (520) 694-1768 or Susan.Hurt@BannerHealth.com

535 N. Wilmot #201
Tucson, Arizona 85711

