Multi-Family Group at EPICenter

A safe and confidential space for EPICenter members and their families to build community, learn together and support each other.

First & Third Thursdays of the Month
5 to 6:15 p.m.
In person
Whole Health Clinic
535 N. Wilmot Road #201

Summer Program

June 6
Sharing Experiences with Dr. Gustavo Perez and Andrew Moore

June 20
Learning Session: The Health Benefits of Living with Compassion with Dr. Gustavo Perez

July 4
Clinic closed

July 18
Learning Session: The Science of Good Sleep with Dr. Cristina Garcia

Aug 1
Sharing Experiences with Dr. Toby Sanchez & Andrew Moore

Aug 15
Learning Session: Effective Family Communication with Dr. Toby Sanchez

For questions contact Susan Thomas at 520-694-1768 or Susan.Thomas1@bannerhealth.com

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