



# Multi-Family Group at EPICenter

A safe and confidential space for EPICenter members and their families to build community, learn together and support each other.

**First & Third Thursdays  
of the Month  
5 to 6:15 p.m.**

**In person  
Whole Health Clinic  
535 N. Wilmot Road #201**

## Summer Program

### June 6

Sharing Experiences with Dr. Gustavo Perez and Andrew Moore

### June 20

Learning Session: The Health Benefits of Living with Compassion with Dr. Gustavo Perez

### July 4

Clinic closed

### July 18

Learning Session: The Science of Good Sleep with Dr. Cristina Garcia

### Aug 1

Sharing Experiences with Dr. Toby Sanchez & Andrew Moore

### Aug 15

Learning Session: Effective Family Communication with Dr. Toby Sanchez

For questions contact Susan Thomas at 520-694-1768 or [Susan.Thomas1@bannerhealth.com](mailto:Susan.Thomas1@bannerhealth.com)

